

# ANTI-RAGGING GUIDELINES

***“Say NO to Ragging – Make Our Campus Safe and Respectful”***

## ➤ What is Ragging?

Ragging is:

- Any act causing physical or psychological harm.
- Intimidation, harassment, or abuse of any kind.
- Forcing a student to perform acts against their will.
- Any conduct that violates a student's dignity.

## ➤ As Per UGC Regulations:

**Ragging is a punishable offence.**

It is banned under the **UGC Regulations, 2009** and **Indian Penal Code**.

## ➤ Punishable Acts Include:

- Verbal abuse or threats
- Physical assault
- Forcing someone to do undignified acts
- Cyber ragging (harassment via messages, posts, etc.)

## ➤ Consequences of Ragging:

- Suspension from classes
- Debarring from exams or campus facilities
- Expulsion from hostel/college
- Legal action including FIR and jail term

## ➤ Protection for Freshers:

- Zero tolerance policy
- Freshers to be treated with dignity and respect
- Strict surveillance in hostels and common areas
- Mentorship and support programs

## ➤ Report Ragging Immediately:

**Anti-Ragging Helpline (UGC):** 1800-180-5522 (Toll-Free)

**College Helpline:** 9430679729

**Email:** antiragginganpc@gmail.com

**Anti-Ragging Cell Room:** Academic Building ANPC Campus

**Remember:**

- Being silent is supporting ragging
- Be brave – report any incident
- Help make a safer, inclusive campus

**☛ SAY NO TO RAGGING – YES TO FRIENDSHIP & RESPECT !**